



# Workshop on Basic Training Workshop on Dementia Ability Methods

(Course Code:HKOTA-O-12-26-0006)

Organized by: *Hong Kong Occupational Therapy Association Ltd*

**Date:** 5th-6th June, 2026

**Time:** 08:50am to 05:00pm (5th June 2026, Fri) &  
08:50am to 05:00pm (6th June 2026, Sat)

**Venue:** 陳登匯駿天地 地址：九龍油麻地東莞街16號 駿發花園地下I舖

## Target Participants:

Occupational Therapists, Physiotherapists, Nurses, Social Workers having served in care settings for people with dementia over 1 year

Any individual who is interested in learning and applying the innovative method to people with dementia."

## Capacity:

25 (Application on first come first serve basis, priority will be given to HKOTA members and Occupational Therapists)

## Speaker:

Occupational Therapists & certified DM trainers, HKOTA(Please refer Appendix I for detail)

## Course Fee:

	Early bird (before 24th April 2026)	Regular
HKOTA members	HKD 4000	HKD 5000
Non-HKOTA members	HKD 4800	HKD 5500

**For enquiries and registration, please contact:**

Lydia Yip (e-mail: [info@hkota.org.hk](mailto:info@hkota.org.hk))

**Deadline for application:** 15th May 2026

**Enrollment confirmation date:** 18th May 2026

**Deadline of application 15th May 2026**

**(24th April 2026 for early bird)**

**HKOTA CPD: 12 points**

**Remarks:**

Important Message for those who want to sit for the certification after completion of the workshop: \*\* 2 days' workshop, pass in the examination and completion of presentation are the prerequisite for the certification program \*\* The Certificate in DementiaAbility Methods will be issued by DEI upon completion of all certification requirements including 2 case studies, details please refer to [www.dementiaability.com](http://www.dementiaability.com) Additional certification Fee: HKD2,500

## Programme Rundown:

### Day 1 - 5 June 2026

Time	Presentation Topic	Speaker
08:50 – 09:00	Registration	
09:00 – 10:00	Introduction of DementiAbility Methods 1	Ms. Ho Siu Yin
10:00 – 11:15	Introduction of DementiAbility Methods 2	Ms. Leung Suet Lai
11:15 – 11:30	Break	
11:30 – 12:00	Understanding Dementia 1	Ms. Ho Siu Yin
12:00 – 12:45	Understanding Dementia 2	Mr. Chu Kam Chuen Thomas
13:40 – 13:45	PM sign in	
13:45 – 14:30	Different types of Memory 1	Ms. Tang Yeuk Man, Nancy
14:30 – 15:15	Different types of Memory 2	Ms. Leung Suet Lai
15:15 – 15:30	Break	
15:30 – 16:15	Model of DementiAbility Methods 1	Mr. Chu Kam Chuen Thomas
16:15 – 17:00	Model of DementiAbility Methods 2	Ms. Tang Yeuk Man, Nancy

### Day 2 - 6 June 2026

Time	Presentation Topic	Speaker
08:50 – 09:00	AM sign in	

09:00 – 10:00	Principles of Dementia Ability Methods part 1A	Dr. Lee Yuet Ying, Grace, PhD
10:00 – 11:15	Principles of Dementia Ability Methods part 1B	Mr. Chu Kam Chuen Thomas
11:15 – 11:30	Break	
11:30 – 12:30	Principles of Dementia Ability Methods part 2A	Ms. Sezto Ngai Wah, Helen
12:30 – 12:45	Principles of Dementia Ability Methods part 2C	Mr. Chu Kam Chuen Thomas
13:40 – 13:45	PM sign in	
13:45 – 14:30	Application of Dementia Ability Methods part 1A	Ms. Tang Yeuk Man, Nancy
14:30 – 15:15	Application of Dementia Ability Methods part 1B	Dr. Lee Yuet Ying, Grace, PhD
15:15 – 15:30	Break	
15:30 – 16:30	Application of Dementia Ability Methods part 2A	Ms. Tang Yeuk Man, Nancy
16:30 – 17:00	Application of Dementia Ability Methods part 2C, Q & A	Ms. Sezto Ngai Wah, Helen

## **Appendix I**

### **About the speakers**

#### **Ms. HO Siu Yin**

Ms. Ho worked in various acute hospitals for 10 years. Clinical experiences included mental illness, orthopaedic conditions, burnt rehabilitation, paediatric and geriatrics fields. Before she left HA hospital to the NGO sector, she was the department in charge of Caritas Medical Center. She has more than 30 years experience in providing OT service to residence in Care and Attention Home. Her expert experience was in implementing DementiAbility methods for persons with dementia. She has been the certified DM trainer for 11 years.

#### **Dr. LEE Yuet Ying, Grace, PhD**

Consultant OT, CHG Health Services Ltd. Ex-SOT, Psychogeriatric Team, Kwai Chung Hospital. Chairperson of HK Remotivation Therapy Association and Certified Trainer in Remotivation Therapy. DM trainer of HKOTA for over 10 years. Pioneer clinical expert and experienced OT trainer in dementia.

#### **Mr. CHU Kam Chuen Thomas**

Mr. Thomas Chu started his Occupational Therapy career in public hospitals and he has been working with people with dementia for over 20 years. He is a certified practitioner and trainer of DementiAbility Methods TM.

#### **Ms. LEUNG Suet Lai**

Ms. Leung has substantial clinical experience in both hospital and community settings, focusing on geriatric and community rehabilitation. She is a certified DementiAbility trainer.

#### **Ms. SEZTO Ngai Wah, Helen**

Ms. Helen Sezto has been a certified Trainer of DementiAbility since 2013, bringing extensive clinical experience across psychogeriatrics, adult, child, and substance abuse psychiatry. With a career spanning inpatient, outpatient, and day-patient services, she is dedicated to personcentered dementia care that values individuality and dignity. As a trainer, Ms. Sezto is passionate about equipping professionals with knowledge and skill to understand the person behind dementia and enhance client wellbeing.

#### **Ms. TANG Yeuk Man, Nancy**

Ms. Nancy Tang is a senior occupational therapist at the HKSKH Welfare Council. She has extensive local and overseas clinical experience in geriatric and dementia care. She is a certified DementiAbility trainer and a skilled trainer in various dementia-related topics.



## Important Notes to Participants

1. Admission is on a first-come, first-served basis. Enrolment will be confirmed once you have made the payment. You will receive a payment confirmation after payment has been made successfully. You are advised to keep your payment confirmation for future enquiries.
2. Fees paid are not refundable regardless of whether the applicant has or has not attended the classes. Should there be any exceptional personal circumstance(s), please kindly appeal in writing. It is subject to the Association's discretion. In such occasion, an administrative charge equivalent to 15% of the application fee will be charged. Should there be any course cancellation due to unforeseeable circumstances, refund after deducting administrative charges from third parties, e.g. FPS, can be arranged.
3. Fees on courses cannot be transferred from one qualified applicant to another. Once accepted to a course, the studentship cannot be changed to another one. In case of exceptional personal circumstance(s), please kindly apply in writing and transfer of studentship will be subjected to HKOTA approval.
4. Should the applicant fail to comply with the payment and refund policy, his/ her enrollment to subsequent HKOTA courses will be affected.

### Bad Weather Arrangement

<b>If the training session has not yet started:          If typhoon Signal No. 8 or above or Black Rainstorm Warning is in force after the following hours of the day, the training will be cancelled as indicated below.</b>	
<b>6:00 a.m.</b>	<b>Morning session that starts before 2:00 p.m.</b>
<b>11:00 a.m.</b>	<b>Afternoon session that starts between 2:00 p.m. &amp; 6:00p.m.</b>
<b>3:00 p.m.</b>	<b>Evening session that starts from 6:00 p.m.</b>
<b>For workshop or seminar that have already started:</b>	
<b>When Typhoon Signal No 8 or above is hoisted</b>	<b>Immediately suspended</b>
<b>When Black Rainstorm Signal is in force</b>	<b>Continue</b>