



Two-day Training Workshop on Solution Focused Approach to Severe Trauma & Stress Recovery

(Course Code:HKOTA-O-10-24-0029)

Organized by: *Hong Kong Occupational Therapy Association Ltd*

Date: 18th-19th November, 2024

Time: 08:30am to 05:15pm (18th November 2024, Mon) &
08:30am to 05:15pm (19th November 2024, Tue)

Venue: 4/F., Duke of Windsor Social Service Building, 15 Hennessy Road, Wan Chai, Hong Kong

Target Participants:

Occupational Therapist, especially those working in mental health services, district support, caregivers support and primary care services

Capacity:

47 (first-come-first serve basis)

Speaker:

(Details please refer to Appendix I & II)

Course Fee:

	Early bird (before 30th October 2024)	Regular
HKOTA members	HKD 2250	HKD 2750
Non-HKOTA members	HKD 2750	HKD 3250

For enquiries and registration, please contact:

Ms Lydia Yip (e-mail: hkotaemail@gmail.com)

Deadline for application: **6th November 2024**

Deadline of application 2024-11-06 (30th October 2024 for early bird)

HKOTA CPD: 12 points

Remarks:

Certificate of attendance will be issued to participants with full attendance of the training programme

Programme Rundown:

Day 18 - 18 November 2024

Time	Presentation Topic	Speaker
08:30 – 09:45	Training area preparation (for speaker)	
09:45 – 11:15	- Contracting around making it safe for people to work (demo) - Aims and objectives - Outline plan for the 2 days - Introduction to The Solution Focused Approach - The basic tools & techniques of SFBT	
11:15 – 11:30	AM Break	
11:30 – 13:00	Skill Lab:	
13:00 – 14:00	Lunch Break	
14:00 – 15:30	Skill Lab:	
15:30 – 15:45	PM Break	
15:45 – 17:15	Skill Lab:	

Day 19 - 19 November 2024

Time	Presentation Topic	Speaker
08:30 – 09:15	Training area preparation (for speaker)	
09:15 – 09:30	Review and conclusion of day 1 content	
09:30 – 11:15		
11:15 – 11:30	AM Break	
11:30 – 13:00	Skill Lab:	
13:00 – 14:00	Lunch Break	
14:00 – 15:30	Skill Lab:	
15:30 – 15:45	PM Break	
15:45 – 17:15	Skill Lab:	