

**Hong Kong Occupational Therapy Association**  
**Tentative CPD Schedule for October 2023 to June 2024**

3<sup>rd</sup> Quarter – Jul to Sep 2023

Date	Specialty Areas	Suggested Topic	Suggested Speaker	Evening Seminar/ Workshop
July	Psychiatry	How to Improve Our Emotional Wellbeing and Self-care in These Post-Pandemic Times - Pre-requisite to providing OT Interventions for severe stress and trauma	Mr. John Henden	Online Evening Seminar
July	Mixed	“Health Qigong Coach-Junior Level” 健身氣功初級教練培訓班 易筋經	Experienced Health Qigong experts and coaches from 中國香港健身氣功總會	2-days workshop
July	Mixed	Evening workshop on Introduction to Adult Sensory Integration	Dr. Teresa A. May-Benson, ScD, OTR/L, FAOTA	Online Evening Seminar
July	Psychiatry	The 25 Basic Tools & Techniques of Solution Focused Brief Therapy	Mr. John Henden	Online Evening Seminars
August	Paediatrics	Evening workshop on Advanced Clinical Reasoning on Praxis Interventions	Dr. Teresa A. May-Benson, ScD, OTR/L, FAOTA	Online Evening Seminars
August	Mixed	Clinical Aromatherapy Informed OT Practice - Clinical Aromatherapy for Pain	Fleur International College of Professional Aromatherapy Rosy, N.O., IFPA	4 Evenings Workshops
August	O&T	ISBT- Bowen Therapy: Module 4	Local instructors	2-days Workshop
September	Med & Geri	NEURO-IFRAH® Certification Course 2023 Neuro-IFRAH Certi. course	Waleed Al-oboudi with local instructors	2-days Workshop
September	Med & Geri	NEURO-IFRAH® Certification Course 2023 Neuro-IFRAH Advanced Upper Extremity	Waleed Al-oboudi	5-days Workshop
September	Mixed	“Health Qigong Coach-Junior Level” 健身氣功初級教練培訓班 五禽戲	Experienced Health Qigong experts and coaches from 中國香港健身氣功總會	2-days Workshop

4<sup>th</sup> Quarter – Oct to Dec 2023

Date	Specialty Areas	Suggested Topic	Suggested Speaker	Evening Seminar/ Workshop
October	Psychiatry	Two-Days Workshop on Solution Focused Approach to Severe Trauma & Stress Recovery	Mr. John Henden	2-days Workshop
October	Mixed	OT Professional Forum “Mandatory Continuing Professional Development Scheme(CPD) for Occupational Therapists”	Prof. Kenneth Fong, Ms. Magdalene Poon, Ms. Rebecca Wong, Ms. Sally Choy and Mr. Johnny Lam	Evening Seminar
November	Mixed	“Health Qigong Coach-Junior Level” 健身氣功初級教練培訓班 Liuzijue 六字訣	Experienced Health Qigong experts and coaches from 中國香港健身氣功總會	2-days Workshops
November	Paediatrics	Copying Speed Test for Hong Kong Secondary Students (CST-HK)	CST Trainers	Online Evening Seminar
November	Mixed	“Health Qigong Coach-Junior Level” 健身氣功初級教練培訓班 Baduanjin 八段錦	Experienced Health Qigong experts and coaches from 中國香港健身氣功總會	2-days workshop
November	Med & Geri	NEURO-IFRAH® Certification Course 2023 Treatment and Management of Adults with Hemiplegia from a Stroke or Brain Injury	Mr. Waleed Al-Oboudi, MOT, OTR/L	7-days workshop
December	O&T	ISBT- Bowen Therapy: Module 5	Local Instructors	2-days Workshop
December	Psychiatry	Clinical Aromatherapy for Mental Health Conditions in the Community	Ms. Rosy, N.O., IFPA Fleur International College of Professional Aromatherapy	On-site Evening Workshop
December	Mixed	HKOTA Conference	Local Instructors	1-day program cum post conference workshops



1<sup>st</sup> Quarter – Jan to March 2024

Date	Specialty Areas	Suggested Topic	Suggested Speaker	Evening Seminar/ Workshop
January	Mixed	Occupational Life-style Redesign and Life Coaching for Occupational Therapists	Mr. Leung Kwok Fai	4-day workshop
January	Mixed	Clinical Conference on Eating-Feeding-Swallowing Rehab: IDDSI and Meal Selection	Local Instructors	Online Evening Seminar
February	Psychiatry	Introduction to Motivational Interviewing	Menza Chu, William Ko, Irene Chan	1-day workshop
February	Pediatrics	Clinical Reasoning Series on Integrated Practice on Sensory Integration, Motor Control, Functional Outcomes & Praxis (Different Topics)	Dr. Teresa A MayBenson	Online Evening Seminar
March	Mixed	Clinical Conference on Eating-Feeding-Swallowing Rehab: IDDSI and Meal Selection	Local Instructors	Online Evening Seminar
March	Mixed	Wellness and Life Coaching course for Occupational Therapists	Mr. Leung Kwok Fai	4-day workshop
March	Med & Geri	LiFE Program for Fall Prevention	Local Instructors	2-day workshop
March	Pediatrics	Clinical Reasoning Series on Integrated Practice on Sensory Integration, Motor Control, Functional Outcomes & Praxis (Different Topics)	Dr. Teresa A MayBenson	Online Evening Seminar

2<sup>nd</sup> Quarter - April to June 2024

Date	Specialty Areas	Suggested Topic	Suggested Speaker	Evening Seminar/ Workshop
April	Mixed	Life Functioning Assessment Inventory Administrator Training Course for Occupational Therapists	Mr. Leung Kwok Fai	2-day workshop
April	Med & Geri	Clinical Conference on Eating-Feeding-Swallowing Rehab: Workshop on IDDSI Testing and Meal Modification	Local Instructors	Half-day workshop
May	Psychiatry	Introduction to Solution-focused Therapy	Mr. John Henden	Online Evening Seminar

May	Pediatrics	Clinical Reasoning Series on Integrated Practice on Sensory Integration, Motor Control, Functional Outcomes & Praxis (Different Topics)	Dr. Teresa A MayBenson	Online Evening Seminar
June	Pediatrics	DIR101: An Introduction to DIR® and DIRFloortime® for OTs	ICDL Clinical Instructors	Online Evening Seminar
June	Pediatrics	Clinical Reasoning Series on Integrated Practice on Sensory Integration, Motor Control, Functional Outcomes & Praxis (Different Topics)	Dr. Teresa A MayBenson	Online Evening Seminar