



Online Evening Seminar on Sexual Rehabilitation for Occupational Therapists

(Course Code: HKOTA-0-00-22-0002)

Organized by Hong Kong Occupational Therapy Association Ltd

Date : 17 & 24 August 2022 (Wednesday)
Time : 6:30 to 8:30 p.m. (Hong Kong Time)
Seminar Feature : Zoom Meeting

Targeted Participants:

Occupational Therapists

Course Fee:

HK\$300 (Student member)

HK\$500 (HKOTA Member)

HK\$800 (Non-HKOTA member)

Speakers: *(For details, please refer to the Appendix I as attached)*

Dr. Jonathan Wong; Mr. Marko Chan; Ms. Annie Chin and Mr. Danny Poon

Outline of Workshop:

Please refer to the Appendix II as attached

Language: Cantonese with English PowerPoint

For enquiries, please contact:

Ms. Lydia Yip (Tel: 5406 6878/ e-mail: hkotaeomail@gmail.com)

Deadline for application: 10 August 2022

Confirmation will be given by 12 August 2022

HKOTA CPD: 4 points

Remarks: Certificate will be offered to participants with full attendance



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Please go to the Google link as below for application:

<https://forms.gle/mPd7WmZtXbAmBMhCA>

Information of the cheque:

Cheque payable to: **Hong Kong Occupational Therapy Association Ltd.**

Address : Workshop D, 13/F., Haribest Industrial Building, No.45-47 Au Pui Wan Street,
Shatin, N.T.

Attention : CE Sub-committee (Online Evening Seminar on Sexual Rehabilitation for
Occupational Therapists)

Appendix I

Speakers:

Speaker	Training & Qualifications	Work Experience
<p>Jonathan Wong 6:30-7:30pm Aug 17, 2022</p>	<ul style="list-style-type: none"> • Certified Sexuality Counselor conferred by the American Association of Sex Educators, Counselors and Therapists (AASECT) (since 2001) • Doctor of Psychology in Clinical Psychology conferred by the Alliant International University, USA (2018) • Completion of supervised training in sexual rehabilitation conducted by the Sexuality and Disability Training Center of the Boston University Medical Center, USA (1996 to 1999) 	<ul style="list-style-type: none"> • Honorary Advisor (Sexuality Counseling), Department of Obstetrics & Gynaecology, New Territories East Cluster, Hospital Authority (since 2021) • Honorary Senior Occupational Therapist, Department of Obstetrics & Gynaecology, Queen Mary Hospital (since 2021) • Coordinator of the Special Interest Group in Sexual Rehabilitation, Hong Kong Occupational Therapy Association (since 2019) • Editorial Board Member of “Sexuality and Disability” published by Springer (USA) (since 2007) • Sexuality Counseling and Rehabilitation service in-charge, Community Rehabilitation Service Support Centre (CRSSC) / Rehabaid Centre (1996 to 2020)
<p>Marko Chan 7:30-8:30pm Aug 17, 2022</p>	<ul style="list-style-type: none"> • Certified Sexuality Educator conferred by the Hong Kong Association of Sexuality Educators, Researchers & Therapists (HKASERT) (2019) • Completion of the 2nd Sexuality Education Professional Certification Course conducted by HKASERT (2018) • Completion of the Foundation Certificate Course in Life Coaching conducted by the HKU SPACE (2009) 	<ul style="list-style-type: none"> • Introduce the sexual rehabilitation programme in CRSSC to the clients during need assessment (since 2019) • Participate in the sexual rehab. team in CRSSC and prepare a video education programme for the people with stroke (since 2019)
<p>Annie Chin 6:30-7:30pm Aug 24, 2022</p>	<ul style="list-style-type: none"> • Certified Sex Therapist conferred by HKASERT • Sex Therapy Professional Certificate Course conducted by the HKASERT (AASECT Approved Institutional Continuing Education Provider) 	<ul style="list-style-type: none"> • Clinical experience in sexual rehabilitation: 4 years in sexual rehab for female with sexual dysfunction, infertility couples, people with physical disability/chronic disease (e.g. cancer, back pain, gynecological problems) and older adults with sexual problems
<p>Danny Poon 7:30-8:30pm Aug 24, 2022</p>	<ul style="list-style-type: none"> • Certified Sexologist accredited by the American College of Sexologists • Supervised trainee of Emotionally Focused Couple Therapist and London Diploma in Psychosexual & Relationship Therapy 	<ul style="list-style-type: none"> • Providing sexual counseling and rehabilitation to clients with sexual difficulties due to men sexual health, spinal cord injury, chronic pain, stroke and prostate cancer in CRSSC • Extensive clinical experience in physical and psychiatric rehabilitation

Appendix II

Objectives:

1. To inform the nature and values of sexuality education, counseling and rehabilitation for people with disability or chronic illness
2. To provide basic knowledge about male and female sexual function and satisfaction
3. To highlight the specific issues related to assessment and intervention for people with cancer, cardiac conditions, spinal cord injury, chronic pain & stroke
4. To share the essential attributes in the process of becoming a sexual rehabilitation therapist
5. To share the training resources in Hong Kong and overseas
6. To discuss the uniqueness and potentials for developing OT service in sexual rehabilitation

Brief Workshop Outline:

Evening 1: Aug 17 Wednesday 6:30-8:30pm

Jonathan Wong	Marko Chan
Overview	When OT meet Sexuality Education
<ol style="list-style-type: none"> 1. Why do our patients need sexual health care? <ul style="list-style-type: none"> ● World Health Organization's Guideline on Sexual Health Care 2. What is sexual rehabilitation? <ul style="list-style-type: none"> ● Perspectives of International Sexual Rehabilitation Guidelines for people with cancer, cardiac conditions, spinal cord injury, chronic pain or stroke 3. How to deliver sexual rehabilitation <ul style="list-style-type: none"> ● PLISSIT model ● Applying psychotherapeutic approaches ● Delivery Format – Individual / Couple / Group in Face-to-Face / On-line sessions 4. Essential attributes in the process of becoming a SR therapist <ul style="list-style-type: none"> ● Knowledge; Skills; Attitude; Ethnicity ● Illustrated with a personal journey of developing sexual rehabilitation in Hong Kong 5. OT's uniqueness in the context of sexual medicine 	<ol style="list-style-type: none"> 1. Introduction of accreditation organization and sexuality rehabilitation training in HK and overseas <ul style="list-style-type: none"> ● American Association of Sex Educators, Counselors and Therapists (AASECT) & AASECT-approved institutes ● Hong Kong Association of Sexuality Educators, Researchers & Therapists (HKASERT) ● College of Sexual and Relationship Therapist (CORST) 2. Experience sharing in attending sexuality educator course & what's difference before and after 3. The way to initiate 'sex conversation' with your clients 4. Sharing of the sexuality education in stroke patients

Evening 2: Aug 24 Wednesday 6:30-8:30pm

Annie Chin	Danny Poon
Case illustrations	Case illustrations
<ol style="list-style-type: none"> 1. Female sexual response cycle and models 2. Case illustration: Sexual counseling and rehab in Cancer <ol style="list-style-type: none"> a. Adverse sexual impact of cancer and cancer treatment b. Cancer sexual rehab 3. Case illustration: Sexual counseling and rehab for Cardiac patients <ol style="list-style-type: none"> a. Common sexual problems/worries encountered by cardiac patients b. Corresponding treatment 4. Introduction of Good Enough Sex Model 5. Introduction of initial assessment in sexual rehab 	<ol style="list-style-type: none"> 1. Male sexual response cycle and Dual Model of Sexual excitement and inhibition in Biopsychosocial Model with examples. 2. Case illustration: Sexual counseling and rehab in Spinal Cord Injury <ol style="list-style-type: none"> a. How spinal injury affect sexual performance b. Sexual counseling on sexual self-image / grief process and couple relationship c. Sexual Rehabilitation: use of furniture/ aids 3. Case illustration: Sexual counseling and rehab in Pain <ol style="list-style-type: none"> a. Relating male sexual difficulties with musculoskeletal pain, depression, avoidance of activities, and rumination. b. Posture recommendation and analysis for male and female c. Lifestyle redesign intervention 4. Case illustration: Sexual counseling and rehab for Stroke Survivor <ol style="list-style-type: none"> a. Self-administered Questionnaire on Sexual Functioning Following a Stroke b. Couple intervention to build intimacy after stroke