



## **ISBT- Bowen Therapy - Advance Level One**

*(Course code : HKOTA-0-00-19-0018)*

*Organized by : the Hong Kong Occupational Therapy Association Ltd.*

**Date** : 14 to 15 December 2019 (Sat. & Sun)  
**Time** : 9:00 a.m. – 5:00 p.m.  
**Venue** : To Be Confirmed

### **Targeted participants:**

Occupational Therapists who completed the Bowen Therapy Foundation course \***(Please present a copy of your basic certificate for verification)**

### **Capacities:**

24 HKOTA members (First come first served)

### **Course Fee for HKOTA members: (DVD included for this course)**

Early bird (Before 14 June 2019)	\$3,800
After early bird	\$4,500

### **Instructor(s):**

Ms. Lisa Black or Mr. Col Murray (Please refer to appendix II)

### **Language of Instruction:**

English

### **Course Content:**

Please refer to Appendix I

### **For enquiries, please contact:**

Ms Lydia Yip ( e-mail: mail.hkota@gmail.com)

### **For registration, please contact:**

Mr. Stanley Lam (Tel: 5406 6878)

**Deadline for early bird: 14 June 2019**

**Application deadline: 30 July 2019**

**Confirmation will be given by 16 August 2019**

**HKOTA CPD: 12 Points**

### **Remarks:**

1. Certificate of attendance by HKOTA will be issued to participants with 100% attendance.
2. Certificate in Bowen Therapy will be issued to participants who have completed the full course by ISBT



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**Deadline for application: 30 July 2019**

**Please send the attached application form with cheque to:**

**Cheque payable to : Hong Kong Occupational Therapy Association Ltd.**

**Address: 1126 Sui Fai Factory Estate, 5-13 Shan Mei Street, Shatin, Hong Kong**

**Attention: CE Sub-committee (ISBT- Bowen Therapy - Advance Level One)**

## APPLICATION FORM

Course Code: HKOTA-O-08-19-0018 (ISBT- Bowen Therapy - Advance Level One)

Name: (In Block Letters) \_\_\_\_\_ ( English) \_\_\_\_\_ ( Chinese)

HKOTA member  (Membership No : \_\_\_\_\_)

Contact Tel. No : \_\_\_\_\_ E-mail: \_\_\_\_\_ Occupation: \_\_\_\_\_

Work organization / Institution: \_\_\_\_\_

Address: \_\_\_\_\_

- Course fee:  HK\$3,800(HKOTA members, early bird on or before **14/6/2019**)  
 HK\$4,500(HKOTA members, after early bird)

Cheque No.: \_\_\_\_\_ Name of Bank: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Appendix I

### ISBT- Advance Course 1 - Bowen Therapy

ISBT's Advanced Course, The Next Step is aimed at experienced Bowen practitioners. Its unique design makes it suitable for practitioners who have trained with any approved school.

With this course ISBT has again dispensed with conventional thinking by presenting a course which deals directly with the realities of clinical practice. The course includes many advanced Sequences and additional moves for chronic or difficult cases.

It covers advanced work for:

- Full Back
- Neck
- Abdomen
- Pelvis
- Coccyx
- Sacrum
- Arms
- Hands
- Legs
- Feet
- TMJ/Jaw
- Sinuses

Also included are:

- Advanced Assessment Procedures
- Pain Management Strategies
- Strengthening and Rehabilitative Activities for Specific Ailments
- Advanced Treatment Strategies
- Intuitive Healing
- Patient Communication Strategies

The course also covers advanced development of palpation skills to enable practitioners to gain an even greater understanding of patients' ailments.

**An extensive range of finished artwork, featuring instructions and diagrams for rehabilitative strategies is included with the course document.**

## **Appendix I**

### **What is ISBT-Bowen Therapy?**

Bowen Therapy is an approach to treat a broad range of physical alignment including muscular, structural and visceral problems. It is a dynamic fascia and muscle release modality by applying single and gentle cross-fibre movements to specific muscles, tendons and ligaments to promote improvement in flow of blood, lymph and energy. These movements are usually applied in precise sequences that often creating self-correcting structural changes to promote overall body balance. It can apply on wide range of clients suffering from traumatic, orthopedic, neurological and geriatric problems. The International School of Bowen Therapy (ISBT) was established to teach Bowen Therapy around the world. It works independently under the regulations and guidelines of the Bowen Therapists Federation of Australia. For details please visit the following website: <http://bowen-therapy.com>

### **About the Instructors**

**Lisa and Col** are internationally experienced ISBT Bowen Therapy instructors. As of 2008, they have a combined total of 38 years in bodywork, over 30 of these with Bowen Therapy. Their introduction to Bowen-style work came in 1990 when a therapist demonstrated the technique in a private session. Their interest in this work inspired them to experiment with what they were shown. This led them to do further training with masseur Oswald Rentsch who had observed Tom Bowen and developed an interpretation of the work.

Recognising that there was more to learn, Lisa and Col carried out intensive and extensive clinical experiments based on the principles of the work. Their life was a constant 'workshop' of the technique. Not content to merely accept conventional theories on Tom Bowen's work, they also carried out extensive research on the man and how he operated. This led them to have contact via treatments and/or lengthy discussions with five more of the small group who had extensive contact with Tom Bowen. They also held interviews with members of Tom Bowen's family.

They believe this very productive research has served to confirm the concepts and principles on which ISBT-Bowen Therapy is based. The value of this work is now being recognized throughout Australia and Europe.

Lisa and Col introduced ISBT-Bowen Therapy into Austria and Germany in 1999 and now have regular courses throughout these countries. Courses are now also run regularly in Switzerland, England, Portugal, Austria, UK, Brazil, New Zealand, Shanghai and Hong Kong.



## Payment and Refund of the HKOTA course

1. Admission is on a first-come, first-served basis. Enrolment will be confirmed once you have made the payment. You will receive a payment confirmation after payment has been made successfully. You are advised to keep your payment confirmation for future enquiries.
2. Fees paid are not refundable regardless of whether applicants have attended classes or not. If there is any exceptional circumstance, please appeal in writing and it will be subject to the Association's discretion.
3. Fees on courses cannot be transferred from one qualified applicant to another. Once accepted into a course, the applicants cannot change to another one. In case of exceptional circumstance, transfer studentship will be subject to HKOTA approval.
4. He/she fails to comply the payment and refund policy, will affect the enrollment of subsequent courses application.

## Bad Weather Arrangement

For workshop or seminar that have not yet started:

If typhoon Signal No. 8 or above or Black Rainstorm Warning is in force after the following times, workshop or seminar will be cancelled as indicated

**6:00 a.m.** Morning workshop or seminar that start before 2:00 p.m.

**11:00 a.m.** Afternoon workshop or seminar that start between 2:00 p.m. & 6:00 p.m.

**3:00 p.m.** Evening workshop or seminar that start from 6:00 p.m.

For workshop or seminar that have already started:

	workshop or seminar	
When Typhoon Signal No 8 or above is hoisted	Immediately suspended	
When Black Rainstorm Signal is in force	Continue	