



# ISBT- Bowen Therapy: Module 1-5

(Course Code: HKOTA-0-00-23-0001 to 0005)

Organized by: *The Hong Kong Occupational Therapy Association Ltd.*

**Date:** Module 1 15 & 16 April 2023 (Sat & Sun)  
Module 2 22 & 23 April 2023 (Sat & Sun)  
Module 3 17 & 18 June 2023 (Sat & Sun)  
Module 4 12 & 13 August 2023 (Sat & Sun)  
Module 5 2 & 3 December 2023 (Sat & Sun)

**Time:** 9:00 a.m. – 5:00 p.m.

**Venue:** To be Confirmed

## Targeted participants:

Occupational Therapists who are interested in Bowen Therapy and pain management

## Capacities:

24 **HKOTA member** (First come first served)

## Course Fee for HKOTA members:

Module I to V: (including DVD, book and notes)

Early bird (**28 February 2023**) \$13,800

After early bird \$15,000

## Instructor(s):

Local instructors

## Language of Instruction:

English

## For enquiries and registration, please contact:

Ms. Lydia Yip (e-mail: [hkotaemail@gmail.com](mailto:hkotaemail@gmail.com))

**Deadline for early bird: 28 February 2023**  
**Confirmation will be given by 10 March 2023**  
**HKOTA CPD: 12 Points for each Module**

## Remarks :

1. Certificate of attendance by HKOTA will be issued to participants with **100%** attendance.
2. Certificate in Bowen Therapy will be issued to participants who have completed the full course by ISBT



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**Deadline for Early bird: 28 February 2023**

**Cheque payable to: Hong Kong Occupational Therapy Association Ltd.**

**Address: Workshop D, 13/F., Haribest Industrial Building, No.45-47 Au Pui Wan Street,  
Shatin, N.T.  
Attention: CE Sub-committee (ISBT- Bowen Therapy)**

## APPLICATION FORM

**Course Code: HKOTA-O-00-23-0001 to 0005 (ISBT- Bowen Therapy: Module 1-5)**

Name: (In Block Letters) \_\_\_\_\_ ( English) \_\_\_\_\_ ( Chinese)

HKOTA member  (Membership No : \_\_\_\_\_) Years of experience in OT : \_\_\_\_\_

Contact Tel. No. : \_\_\_\_\_ E-mail: \_\_\_\_\_ Occupation: \_\_\_\_\_

Work organization / Institution: \_\_\_\_\_

Address \_\_\_\_\_

Amount pay: \$ \_\_\_\_\_ Bank: \_\_\_\_\_ Cheque#: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## **What is ISBT-Bowen Therapy?**

Bowen Therapy is an approach to treat a broad range of physical alignment including muscular, structural and visceral problems. It is a dynamic fascia and muscle release modality by applying single and gentle cross-fibre movements to specific muscles, tendons and ligaments to promote improvement in flow of blood, lymph and energy. These movements are usually applied in precise sequences that often creating self-correcting structural changes to promote overall body balance. It can apply on wide range of clients suffering from traumatic, orthopedic, neurological and geriatric problems. The International School of Bowen Therapy (ISBT) was established to teach Bowen Therapy around the world. It works independently under the regulations and guidelines of the Bowen Therapists Federation of Australia. For details please visit the following website: <http://bowen-therapy.com>

## **About the Instructors**

**Lisa and Col** are internationally experienced ISBT Bowen Therapy instructors. As of 2008, they have a combined total of 38 years in bodywork, over 30 of these with Bowen Therapy. Their introduction to Bowen-style work came in 1990 when a therapist demonstrated the technique in a private session. Their interest in this work inspired them to experiment with what they were shown. This led them to do further training with masseur Oswald Rentsch who had observed Tom Bowen and developed an interpretation of the work.

Recognising that there was more to learn, Lisa and Col carried out intensive and extensive clinical experiments based on the principles of the work. Their life was a constant 'workshop' of the technique. Not content to merely accept conventional theories on Tom Bowen's work, they also carried out extensive research on the man and how he operated. This led them to have contact via treatments and/or lengthy discussions with five more of the small group who had extensive contact with Tom Bowen. They also held interviews with members of Tom Bowen's family.

They believe this very productive research has served to confirm the concepts and principles on which ISBT-Bowen Therapy is based. The value of this work is now being recognized throughout Australia and Europe.

Lisa and Col introduced ISBT-Bowen Therapy into Austria and Germany in 1999 and now have regular courses throughout these countries. Courses are now also run regularly in Switzerland, England, Portugal, Austria, UK, Brazil, New Zealand, Shanghai and Hong Kong.



## Payment and Refund of the HKOTA course

1. Admission is on a first-come, first-served basis. Enrolment will be confirmed once you have made the payment. You will receive a payment confirmation after payment has been made successfully. You are advised to keep your payment confirmation for future enquiries.
2. Fees paid are not refundable regardless of whether the applicant has or has not attended the classes. If there is exceptional circumstance(s), kindly appeal in writing. It is subject to the Association's discretion. In such occasion, there will be a 15% deduction from the application fee paid for the purpose of administrative charge. Should there be any course cancellation due to unforeseeable circumstances, refund after deducting administrative charges from third parties, e.g. PayPal, would be arranged.
3. Fees on courses cannot be transferred from one qualified applicant to another. Once accepted into a course, the applicants cannot change to another one. In case of exceptional circumstance, transfer studentship will be subject to HKOTA approval.
4. He/she fails to comply the payment and refund policy, will affect the enrollment of subsequent courses application.

### Bad Weather Arrangement

#### For workshop or seminar that have not yet started:

If typhoon Signal No. 8 or above or Black Rainstorm Warning is in force after the following times, workshop or seminar will be cancelled as indicated

6:00 a.m. Morning workshop or seminar that start before 2:00 p.m.

11:00 a.m. Afternoon workshop or seminar that start between 2:00 p.m. & 6:00 p.m.

3:00 p.m. Evening workshop or seminar that start from 6:00 p.m.

#### For workshop or seminar that have already started:

workshop or seminar

When Typhoon Signal No 8 or above is hoisted Immediately suspended

When Black Rainstorm Signal is in force Continue