



ISBT- Bowen Therapy: Module 1-5

(Course Code: HKOTA-0-00-20-0008 to 0012)

Organized by: *The Hong Kong Occupational Therapy Association Ltd.*

Date: Module 1 18 & 19 April 2020 (Sat & Sun)
Module 2 25 & 26 April 2020 (Sat & Sun)
Module 3 27 & 28 June 2020 (Sat & Sun)
Module 4 22 & 23 August 2020 (Sat & Sun)
Module 5 31 October & 01 November 2020 (Sat & Sun)

Time: 9:00 a.m. – 5:00 p.m.

Venue: To be Confirmed

Targeted participants:

Occupational Therapists who are interested in Bowen Therapy and pain management

Capacities:

24 **HKOTA member** (First come first served)

Course Fee for HKOTA members:

Module I to V: (including DVD, book and notes)

Early bird (**21 February 2020**) \$13,800

After early bird \$15,000

Instructor(s):

Local instructors and local instructor trainee

Language of Instruction:

English

For enquiries, please contact:

Ms. Lydia Yip (e-mail: mail.hkota@gmail.com)

For registration, please contact:

Mr. Stanley Lam (Tel: 5406 6878)

Deadline for early bird: 21 February 2020
Confirmation will be given by 6 March 2020
HKOTA CPD: 12 Points for each Module

Remarks :

1. Certificate of attendance by HKOTA will be issued to participants with **100%** attendance.
2. Certificate in Bowen Therapy will be issued to participants who have completed the full course by ISBT



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Cheque payable to: **Hong Kong Occupational Therapy Association Ltd.**
Address: 1126 Sui Fai Factory Estate, 5-13 Shan Mei Street, Sha Tin, Hong Kong.
Attention: CE Sub-committee (ISBT- Bowen Therapy)

APPLICATION FORM

Course Code: HKOTA-O-00-20-0008 to 0012 (ISBT- Bowen Therapy: Module 1-5)

Name: (In Block Letters) _____ (English) _____ (Chinese)

HKOTA member (Membership No : _____) Years of experience in OT : _____

Contact Tel. No. : _____ E-mail: _____ Occupation: _____

Work organization / Institution: _____

Address _____

Amount pay: \$ _____ Bank: _____ Cheque#: _____

Signature: _____ Date: _____

What is ISBT-Bowen Therapy?

Bowen Therapy is an approach to treat a broad range of physical alignment including muscular, structural and visceral problems. It is a dynamic fascia and muscle release modality by applying single and gentle cross-fibre movements to specific muscles, tendons and ligaments to promote improvement in flow of blood, lymph and energy. These movements are usually applied in precise sequences that often creating self-correcting structural changes to promote overall body balance. It can apply on wide range of clients suffering from traumatic, orthopedic, neurological and geriatric problems. The International School of Bowen Therapy (ISBT) was established to teach Bowen Therapy around the world. It works independently under the regulations and guidelines of the Bowen Therapists Federation of Australia. For details please visit the following website: <http://bowen-therapy.com>

About the Instructors

Lisa and Col are internationally experienced ISBT Bowen Therapy instructors. As of 2008, they have a combined total of 38 years in bodywork, over 30 of these with Bowen Therapy. Their introduction to Bowen-style work came in 1990 when a therapist demonstrated the technique in a private session. Their interest in this work inspired them to experiment with what they were shown. This led them to do further training with masseur Oswald Rentsch who had observed Tom Bowen and developed an interpretation of the work.

Recognising that there was more to learn, Lisa and Col carried out intensive and extensive clinical experiments based on the principles of the work. Their life was a constant 'workshop' of the technique. Not content to merely accept conventional theories on Tom Bowen's work, they also carried out extensive research on the man and how he operated. This led them to have contact via treatments and/or lengthy discussions with five more of the small group who had extensive contact with Tom Bowen. They also held interviews with members of Tom Bowen's family.

They believe this very productive research has served to confirm the concepts and principles on which ISBT-Bowen Therapy is based. The value of this work is now being recognized throughout Australia and Europe.

Lisa and Col introduced ISBT-Bowen Therapy into Austria and Germany in 1999 and now have regular courses throughout these countries. Courses are now also run regularly in Switzerland, England, Portugal, Austria, UK, Brazil, New Zealand, Shanghai and Hong Kong.



Payment and Refund of the HKOTA course

1. Admission is on a first-come, first-served basis. Enrolment will be confirmed once you have made the payment. You will receive a payment confirmation after payment has been made successfully. You are advised to keep your payment confirmation for future enquiries.
2. Fees paid are not refundable regardless of whether applicants have attended classes or not. If there is any exceptional circumstance, please appeal in writing and it will be subject to the Association's discretion.
3. Fees on courses cannot be transferred from one qualified applicant to another. Once accepted into a course, the applicants cannot change to another one. In case of exceptional circumstance, transfer studentship will be subject to HKOTA approval.
4. He/she fails to comply the payment and refund policy, will affect the enrollment of subsequent courses application.

Bad Weather Arrangement

For workshop or seminar that have not yet started:

If typhoon Signal No. 8 or above or Black Rainstorm Warning is in force after the following times, workshop or seminar will be cancelled as indicated

6:00 a.m.	Morning workshop or seminar that start before 2:00 p.m.
11:00 a.m.	Afternoon workshop or seminar that start between 2:00 p.m. & 6:00 p.m.
3:00 p.m.	Evening workshop or seminar that start from 6:00 p.m.

For workshop or seminar that have already started:

workshop or seminar

When Typhoon Signal No 8 or above is hoisted Immediately suspended

When Black Rainstorm Signal is in force Continue