



# 健身氣功（八段錦）工作坊



(Course Code: HKOTA-0-08-18-0039)

Co-organized by: *The Hong Kong Occupational Therapy Association Ltd.*  
and *The Hong Kong Polytechnic University*

Date : 2 March 2019 (Saturday) & 9 March 2019 (Saturday)  
Time : 9:00 a.m. – 5:30 p.m.  
Venue : GH016, the Hong Kong Polytechnic University

## Targeted participants:

Occupational Therapists, PCA, OTA & RA and OT students.

## Capacities:

45 (First-come-first served and priority will be given to Occupational Therapists)

## Course Fee: (Including book, Music CD for practice)

For Occupational Therapists and PCA/OTA/RA: HK\$650

(Early bird for Occupational Therapists and PCA/OTA/RA \$450)

For OT students: HK\$300

## Trainers:

Occupational Therapists with Health Qigong Coaches certified by 中國健身氣功協會

## Language of Instruction:

Cantonese

## Contents of Seminar:

- 健身氣功（八段錦）的功法講、演及練習，包括分段教學及全套練習
- 習練健身氣功的安全注意事項，包括練功要領、安排，運動量的掌握，偏差防治

## For enquiries, please contact:

Ms Lydia Yip (e-mail: [mail.hkota@gmail.com](mailto:mail.hkota@gmail.com) )

Ms. Priscilla Siu (e-mail: [siuyy@ha.org.hk](mailto:siuyy@ha.org.hk))

## For registration, please contact:

Mr. Stanley Lam (e-mail: [infomail.hkota@gmail.com](mailto:infomail.hkota@gmail.com); Tel: 5406 6878)

**Early Bird for application: 14 January 2019**  
**Deadline for application: 28 January 2019**  
**Confirmation will be given on or before 11 February 2019**  
**HKOTA CPD: 12 Points**

## Remarks:

- Certificate of attendance will be issued to participants upon completion of the workshop with **100%** attendance and pass a simple examination. (Written and practical)



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Early Bird for application for Occupational Therapists, PCA/OTA/RA : 14 January 2019  
Deadline for application: 28 January 2019

## APPLICATION FORM

Course Code: HKOTA-0-00-18-0039 (健身氣功（八段錦）工作坊)

Name: (In Block Letters) \_\_\_\_\_ (English) \_\_\_\_\_ (Chinese)

Occupational Therapist HK\$650, Early Bird HK \$450

HKOTA member  (Membership No : \_\_\_\_\_)  Non-member Occupational Therapist

Contact Tel. No. : \_\_\_\_\_ E-mail: \_\_\_\_\_ Rank: \_\_\_\_\_

Work organization / Institution: \_\_\_\_\_

PCA, OTA and RA HK\$650, Early Bird HK \$450

Recommended by Supervisor,

Name: \_\_\_\_\_ Rank: \_\_\_\_\_ Contact: \_\_\_\_\_

OT Students HK\$300

Institution: \_\_\_\_\_

Address: \_\_\_\_\_

Cheque No.: \_\_\_\_\_ Name of Bank: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Please send cheque with application form attached to:

Cheque payable to: Hong Kong Occupational Therapy Association Ltd.  
Address: 1126 Sui Fai Factory Estate, 5-13 Shan Mei Street, Sha Tin, Hong Kong.  
Attention: CE Sub-committee (健身氣功（八段錦）工作坊)

● Remarks: Incomplete application form will not be accepted.



## Payment and Refund of the HKOTA course

1. Admission is on a first-come, first-served basis. Enrolment will be confirmed once you have made the payment. You will receive a payment confirmation after payment has been made successfully. You are advised to keep your payment confirmation for future enquiries.
2. Fees paid are not refundable regardless of whether applicants have attended classes or not. If there is any exceptional circumstance, please appeal in writing and it will be subject to the Association's discretion.
3. Fees on courses cannot be transferred from one qualified applicant to another. Once accepted into a course, the applicants cannot change to another one. In case of exceptional circumstance, transfer studentship will be subject to HKOTA approval.
4. He/she fails to comply the payment and refund policy, will affect the enrollment of subsequent courses application.

### Bad Weather Arrangement

For workshop or seminar that have not yet started:

If typhoon Signal No. 8 or above or Black Rainstorm Warning is in force after the following times, workshop or seminar will be cancelled as indicated

6:00 a.m.	Morning workshop or seminar that start before 2:00 p.m.
11:00 a.m.	Afternoon workshop or seminar that start between 2:00 p.m. & 6:00 p.m.
3:00 p.m.	Evening workshop or seminar that start from 6:00 p.m.

For workshop or seminar that have already started:

	workshop or seminar	
When Typhoon Signal No 8 or above is hoisted	Immediately suspended	
When Black Rainstorm Signal is in force	Continue	