



Online Seminar on Promoting children's self-regulation with sensory-based strategies in the post-pandemic new era

(Course Code : HKOTA-O-00-23-0024)

Organized by the Hong Kong Occupational Therapy Association Ltd

Date : 27 May 2023 (Saturday)

Time : 10:30am to 12:00am

Venue : Zoom meeting

Targeted Participants:

Occupational Therapists, Parents & teachers

Capacities: 60 (first-come-first serve basis)

Course Fee:

HKOTA-members : HKD\$50/Non-members : HKD\$80

Free of charge : Teachers and Carer

Language:

Cantonese

Speakers: (please refer to appendix I for details)

Dr. Lai Yuen Yi Cynthia, PhD, OTR, HKROT, Associate Professor

Department of Rehabilitation Sciences, The Hong Kong Polytechnic University

Course outline: Please refer to appendix II

For enquiries and registration, please contact:

Ms Lydia Yip (email: hkotaemail@gmail.com)

Deadline for application: 22 May 2023

Confirmation will be given by 24 May 2023

HKOTA CPD: 1 point

Remarks: Certificate of attendance will be issued to participants with **full attendance**.

Following the implementation of mandatory CPD with effective from 1 July 2023, attendance certificate and CPD would only be awarded to participants who has full attendance to the entire course. All CPD-bearing courses over Zoom / Webinar require a recognizable log-in, screen name, as well as turning on of the camera at all times.



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Please go to the Google link as below for application:

<https://forms.gle/TmAh97xSuB8XyjaEA>

****Complete enrollment should be completed on the Google form and received the full payment from the applicants.**

Cheque payable to: **Hong Kong Occupational Therapy Association Ltd.**

Address: Workshop D,13/F, Haribest Industrial Building, No 45-47 Au Pui Wan Street, Shatin, N.T.

Attention:CE Sub-Committee (How to Improve our Emotional Wellbeing and Self-care in these Post Pandemic Times)

Appendix I

Dr Cynthia Lai graduated with Professional Diploma in Occupational Therapy, Master of Science in Health Care, and Doctor of Philosophy in Rehabilitation Medicine from The Hong Kong Polytechnic University. She is Hong Kong and USA registered occupational therapist and specialized in pediatrics. Dr Lai is the author of the “Sensory Processing and Self-regulation Checklist”.

Currently, Dr Lai is an Associate Professor and the Award Coordinator of the Master of Science in Occupational Therapy programme in the Department of Rehabilitation Sciences, The Hong Kong Polytechnic University. Before she joined the university, she had been working as pediatric occupational therapist for more than 17 years. Her teaching and research interests are in the areas of sensory processing, executive functioning, physiological and behavioral responses in people with developmental disabilities, and school-to-work transition of youth with diverse needs. Her research output, including assessment and intervention tools, has been applied by local and overseas pediatric occupational therapy service.

Appendix II

內容：

時段	內容
10:30 - 10:50	兒童感知肌能及自我調節能力的發展 The development of sensory-motor and self-regulation in children
10:50 - 11:20	兒童出現感知肌能及自我調節能力差異的相關原因 Reasons of dysfunctions in sensory-motor and self-regulation in children
11:20 - 11:45	以感官為本的「自我調節能力」訓練策略 Sensory-based strategies for building self-regulation
11:45 - 12:00	活動建議 Suggested activities



Important Note to Participants

1. Admission is on a first-come, first-served basis. Enrolment will be confirmed once you have made the payment. You will receive a payment confirmation after payment has been made successfully. You are advised to keep your payment confirmation for future enquiries.
2. Fees paid are not refundable regardless of whether applicants have attended classes or not. If there is any exceptional circumstance, please appeal in writing and it is subjected to the Association's discretion.
3. Fees paid are not refundable regardless of whether the applicant has or has not attended the classes. If there is exceptional circumstance(s), kindly appeal in writing. It is subject to the Association's discretion. In such occasion, there will be a 15% deduction from the application fee paid for the purpose of administrative charge. Should there be any course cancellation due to unforeseeable circumstances, refund after deducting administrative charges from third parties, e.g. PayPal, would be arranged.
4. Participants are advised to arrive 15 minutes before the programme commences for registration.
5. Switch your mobile phones or any electronic devices to silent mode during the programme.

Bad Weather Arrangement

For workshop or seminar that have not yet started:	
If typhoon Signal No. 8 or above or Black Rainstorm Warning is in force after the following times, workshop or seminar will be cancelled as indicated	
6:00 a.m.	Morning workshop or seminar that start before 2:00 p.m.
11:00 a.m.	Afternoon workshop or seminar that start between 2:00 p.m. & 6:00 p.m.
3:00 p.m.	Evening workshop or seminar that start from 6:00 p.m.
For workshop or seminar that have already started:	
	workshop or seminar
When Typhoon Signal No 8 or above is hoisted	Immediately suspended
When Black Rainstorm Signal is in force	Continue