



# One-Day Workshop on Promoting Postural & Respiratory Support in Sensory Integration Intervention

(Course Code : HKOTA-O-00-23-0044)

Organized by the Hong Kong Occupational Therapy Association Ltd

**Date:** 4 December 2023(Monday)

**Time:** 9am to 5pm

**Venue:** S.O.A.R. Education Foundation

Room 1645-1651, 16/F, Pioneer Centre, 750 Nathan Road, Kowloon

## Targeted Participants:

Occupational Therapists

## Capacities:

40 (first-come-first serve basis)

## Course Fee:

HKOTA-members: HKD\$1,400 (Enroll on or before **15/11/2023**); HKD\$2,000(Regular)

Non-members: HKD\$2,200 (Enroll on or before **15/11/2023**); HKD\$2,800 (Regular)

## Speakers: (Details please refer to Appendix I)

Teresa May-Benson, Sc.D., OTR/L, FAOTA

*International expert on praxis*

## Course Outline:

Details, please refer to Appendix II

## For enquiries and registration, please contact:

Ms Lydia Yip (email: [hkotaemail@gmail.com](mailto:hkotaemail@gmail.com))

Deadline for application: 22 November 2023

**Confirmation will be given by 24 November 2023**

**HKOTA CPD: 6 points**

**Remarks:** Certificate of attendance will be issued to participants with full attendance.

Following the implementation of mandatory CPD with effective from 1 July 2023, attendance certificate and CPD would only be awarded to participants who has full attendance to the entire course. All CPD-bearing courses over Zoom / Webinar require a recognizable log-in, screen name, as well as turning on of the camera at all times.



# One-Day Workshop on Promoting Postural & Respiratory Support in Sensory Integration Intervention

(Course Code : HKOTA-O-00-23-0044)

*Organized by the Hong Kong Occupational Therapy Association Ltd*

**Date:** 4 December 2023(Monday)

**Time:** 9am to 5pm

**Venue:** S.O.A.R. Education Foundation

Room 1645-1651, 16/F, Pioneer Centre, 750 Nathan Road, Kowloon

**Targeted Participants:**

Occupational Therapists

**Deadline for application: 22 November 2023**

**Please go to the Google link as below for application:**

<https://forms.gle/KbNrBm6772ETus2e9>

**\*\*Complete enrollment should be completed on the Google form and received the full payment from the applicants.**

Cheque payable to: **Hong Kong Occupational Therapy Association Ltd.**

Address: Workshop D,13/F, Haribest Industrial Building, No 45-47 Au Pui Wan Street, Shatin, N.T.

Attention: CE Sub-Committee (One-Day Workshop on Promoting Postural & Respiratory Support

in Sensory Integration Intervention)

## **Appendix I**

**Teresa May-Benson, Sc.D., OTR/L, FAOTA**, owner/President of TMB Education, LLC and OTR, Inc. is a well-known lecturer and researcher on sensory integration. She has authored numerous book chapters and articles related to praxis, ideation, and sensory integration. She has extensive experience with children and adults with autism and a diverse clinical background having worked in private and public school settings as well as private practice.

Teresa May-Benson, ScD, OTR/L, FAOTA is a well-known lecturer and researcher on sensory integration. She is author of the Test of Ideational Praxis, the Motor Planning Maze Assessment, Adult/Adolescent Sensory History, the GI-Assessment, and numerous book chapters and articles related to praxis, ideation, and sensory integration. She has extensive experience with children and adults with autism and a diverse clinical background having worked in private and public school settings as well as private practice.

## **Appendix II**

### **Description:**

This course will present a foundation for understanding, assessing and treating core postural problems in children with sensory integration and processing problems. Emphasis will be on identifying and treating foundational functional postural control difficulties that impact respiration, praxis and skill performance. Intervention strategies for effective treatment of postural mobility, stability, static and dynamic control and movement against gravity will be presented. Discussion of the structural and sensory foundations of postural control will be presented. The course format will include a combination of lecture, videotapes, and hands-on lab activities.

### **Learning Objectives: By the end of this talk the participant will be able to:**

1. Describe the structural and sensory foundations of postural control.
2. Assess and identify areas of deficit in a variety of aspects of postural control.
3. Demonstrate at least 5 intervention techniques or activities to promote various aspects of postural control within the context of sensory integration intervention.

### **Level:**

This course is an introductory course and would be appropriate for entry to intermediate level OT, PT, OT aides/ assts, PT aides/ assts. A previous knowledge of sensory integration theory would be recommended.  
Course Credit/ Continuing Education Units: This course qualifies for 6 clock hours as required by many national, state and local licensing boards and professional organizations.

### **Schedule:**

8:30 – 9:00	Registration
9:00 – 10:30	Introduction to Posture and Respiration Anatomy and Function of Posture and Respiration
10:30 – 10:45	Break
10:45 – 12:00	Assessment of Posture and Respiration Assessment Lab Components and Principles of Treatment for Posture and Respiration
12:00 – 1:00	Lunch (on your own)
1:00 – 2:30	Treatment of Postural Mobilization Treatment of Posture for Respiration Mobilization and Respiration Labs
2:30 – 2:45	Break
2:45 – 4:30	Treatment of Postural Stability, Tone, Strength and Anti-Gravity Movement Treatment of Rotation and Transitional Movements Stabilization and Rotation Labs
4:30	Adjourn



## Important Note to Participants

1. Admission is on a first-come, first-served basis. Enrolment will be confirmed once you have made the payment. You will receive a payment confirmation after payment has been made successfully. You are advised to keep your payment confirmation for future enquiries.
2. Fees paid are not refundable regardless of whether the applicant has or has not attended the classes. If there is exceptional circumstance(s), kindly appeal in writing. It is subject to the Association's discretion. In such occasion, there will be a 15% deduction from the application fee paid for the purpose of administrative charge. Should there be any course cancellation due to unforeseeable circumstances, refund after deducting administrative charges from third parties, e.g. PayPal, would be arranged.
3. Participants are advised to arrive 15 minutes before the programme commences for registration.
4. Switch your mobile phones or any electronic devices to silent mode during the programme.

## Bad Weather Arrangement

For workshop or seminar that have not yet started:		
If typhoon Signal No. 8 or above or Black Rainstorm Warning is in force after the following times, workshop or seminar will be cancelled as indicated		
<b>6:00 a.m.</b>	<b>Morning workshop or seminar that start before 2:00 p.m.</b>	
<b>11:00 a.m.</b>	<b>Afternoon workshop or seminar that start between 2:00 p.m. &amp; 6:00 p.m.</b>	
<b>3:00 p.m.</b>	<b>Evening workshop or seminar that start from 6:00 p.m.</b>	
For workshop or seminar that have already started:		
	<b>workshop or seminar</b>	
<b>When Typhoon Signal No 8 or above is hoisted</b>	<b>Immediately suspended</b>	
<b>When Black Rainstorm Signal is in force</b>	<b>Continue</b>	